

## CONSENT FOR DILATION OF YOUR EYES

Dilation of your eyes is extremely important in order to more thoroughly examine the back and periphery. Without dilation, the doctor only sees a small portion of the back of the eye. By increasing the pupil size through dilating drops, the doctor can better view the inside of the eye for detection of cataracts, floaters, hypertensive or diabetic retinal changes, and other retinal diseases and abnormalities.

Dilation requires 2 or 3 drops in each eye and takes 20 - 30 minutes to dilate your pupils. Your distance vision is only slightly blurred, while near reading vision is blurred for 3 to 4 hours. Due to light sensitivity, we will provide disposable sunglasses to make you more comfortable. You may wish to reschedule the dilation procedure if you are returning to work or would feel more comfortable bringing someone to drive you home.

### PLEASE INDICATE YOUR PREFERENCE:

- I agree to have my eyes dilated.
- I decline having my eyes dilated. \*
- I would like to reschedule the dilation part.

\_\_\_\_\_  
Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_\_  
Date

\* Florida Law (Rule 59V-3.007FS) – “Optometrists shall perform a dilated fundus examination during the patient’s initial presentation”